

**Overeaters Anonymous**

# **Region 7 Round Table December Edition**

**Using the Nine Tools of OA  
to help us during the Holidays**



**Join us on December 19th  
@ 7 pm ET**

**Meeting Info  
Join Zoom Meeting**

**Meeting ID: 831 3686 6285**

**Passcode: 363867**

**☎: (646) 558 8656**