

**Are you ready
to admit you
are powerless
over food?**

**Turn your food
and your life
over to a power
greater than
yourself.**



WORKSHOP:

FINDING YOUR HIGHER POWER



**November 9, 2025
1:30 PM to 3:00 PM**



**Wisconsin Place Community Center
Classroom 1
5211 Friendship Blvd
Chevy Chase, MD 20815**



**Friendship Heights
Metrorail Station
Parking also available**



**Discover OA members'
spiritual journeys and
how they found their
higher power.**



**Brainstorm on what
you'd like your higher
power to be.**



**Q&A and group sharing
to deepen your
connection with your
higher power.**

Visit oa-dcmetro.org for additional information.

